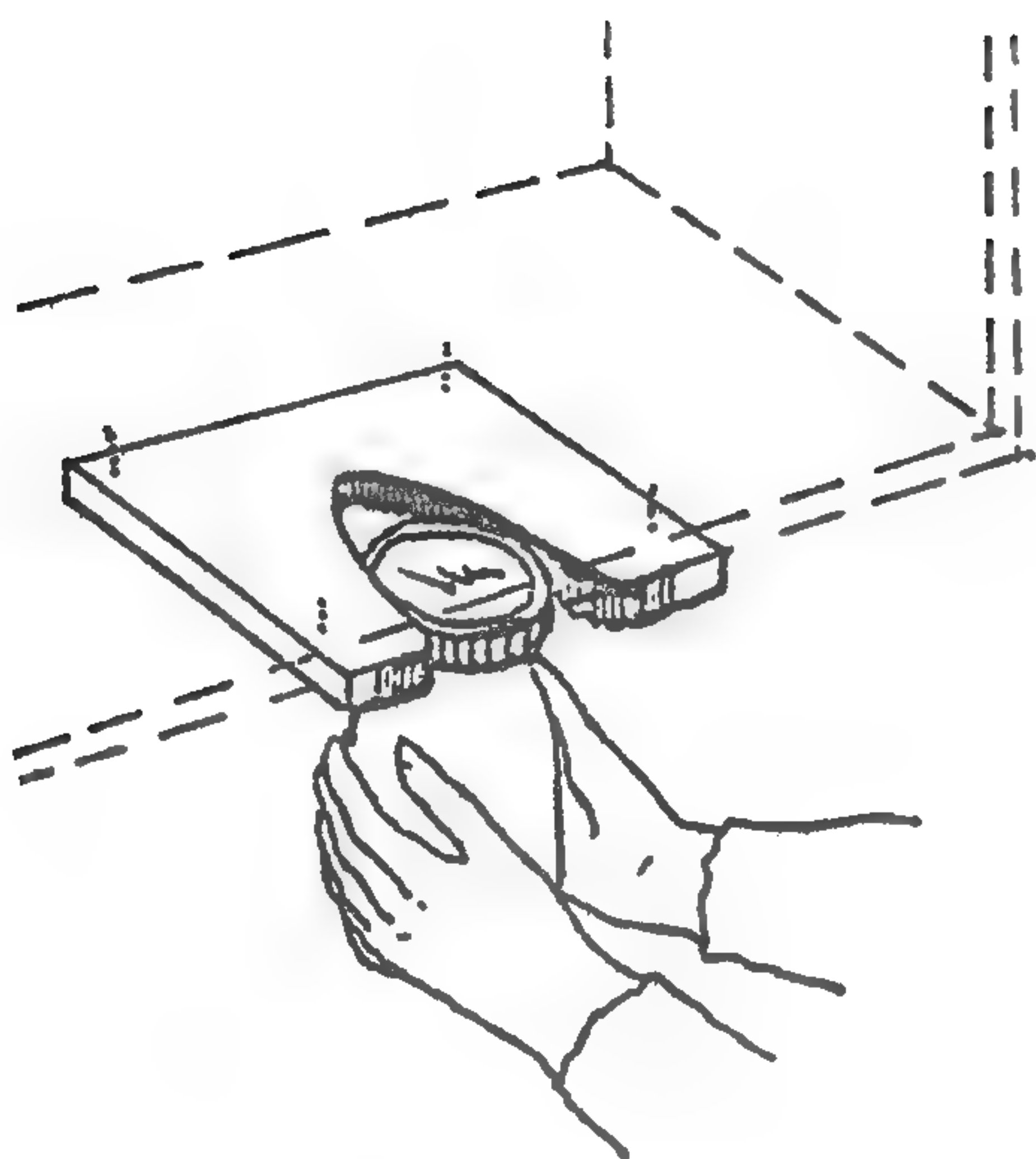


JAR OPENER



PURPOSE:

To help turn jar lids when grip is weak or painful.

METHOD:

Attach opener under a cupboard, close to edge.

Wedge jar into slot and rotate with both hands.

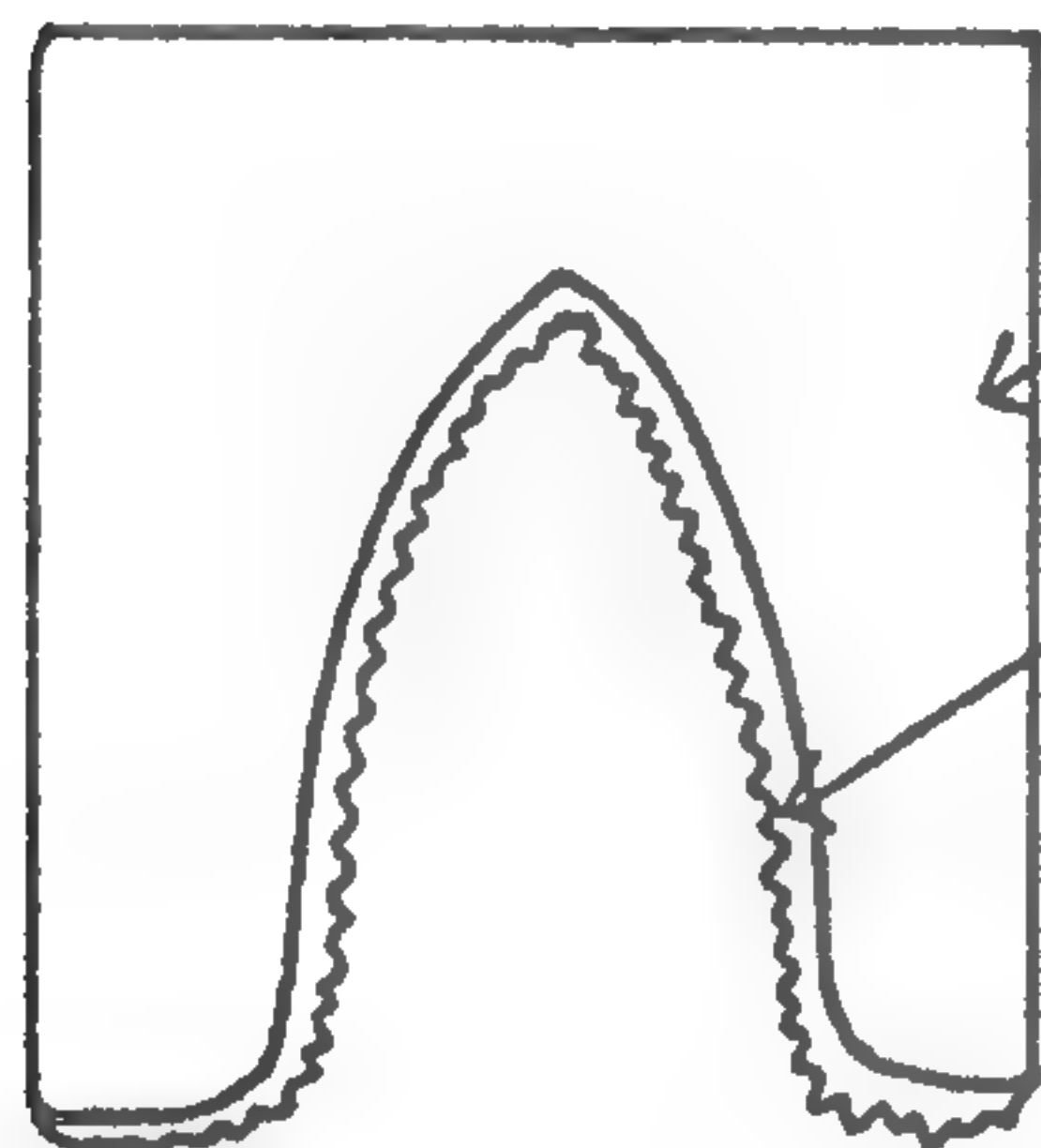
MATERIALS:

1" thick wood

1" wide textured rubber, glued and nailed, (e.g. inner tube rubber, slashed so as to give traction).

OR:

Old hack-saw blade inserted into left side of wood, to grip lids; emery paper on other side.



ALTERNATIVES:

1. Square of textured sheet rubber (also useful for door handles).
2. Commercial types which avoid stress on joints of fingers.